



**COPENHAGEN
SCANDINAVIAN
SEVEN a SIDE 2022**

**Saturday 13 August
at Rugbyklubben Speed**

COPENHAGEN SCANDINAVIAN SEVENS

13 AUGUST 2022

Organisers: Rugbyklubben Speed

Location: Travbaneparken, Løjtegårdsvej 58-64, 2770 Kastrup, Denmark

Hjemmeside/Homepage www.scandinaviansevens.dk

Mail organizers@scandinaviansevens.dk

Sevens committee:

Claus Beck, RK Speed (+45 4911 3168)

Brian Elmegaard, RK Speed (+45 4157 9598)

Marlene Lindbjerg Jacobsen, RK Speed

Jens Ilkjær, RK Speed

Mike Hawkins, Referee

Tournament form:

Saturday d. 13/8, start 12.00

Men: Pool games for qualification and finals

Women: Pool games for qualification and finals tournament

Old Boys: Pool games and finals

Last match Men's Cup final 19.00.

Useful addresses:

Dansk Rugby Union

Idrættens Hus

Brøndby Stadion 20

DK 2605 Brøndby

Tlf/Phone: +45 43262800

Hjemmeside/Homepage www.rugby.dk

Mail info@rugby.dk

Rugbyklubben Speed

Løjtegårdsvej 58

DK 2770 Kastrup

Tlf/Phone +45 32500293/ +45 32500230

Hjemmeside/Homepage www.rkspeed.dk

Mail rkspeed@rkspeed.dk

News and results are available on

www.scandinaviansevens.dk

Scan the QR code and go directly to the page



WELCOME TO COPENHAGEN SCANDINAVIAN SEVENS 13 AUGUST 2022

Sevens in Copenhagen is back after the pandemic

RK Speed hosts the annual international sevens tournament in Travbaneparken for the 34th time after two years interruption due to the COVID-19 pandemic. Initially the tournament was hosted by different clubs around Scandinavia, but since 1987 Speed has hosted the tournament and teams arriving from around the world for a weekend of sevens and festivity in Copenhagen.

In the first tournaments mostly teams from Scandinavia participated, but slowly it has grown to involve teams from all over Europe and often from further abroad as well. The tournament was initially only a men's tournament, but now both men and women compete in Cup, Plate and Bowl tournaments, while Old Boys are also present. In total about 30 teams will join the 2022 event, and participate at different levels in both the on and off pitch action taking place over the weekend.

As introduced in 2013, the winning teams will receive monetary prizes this year.

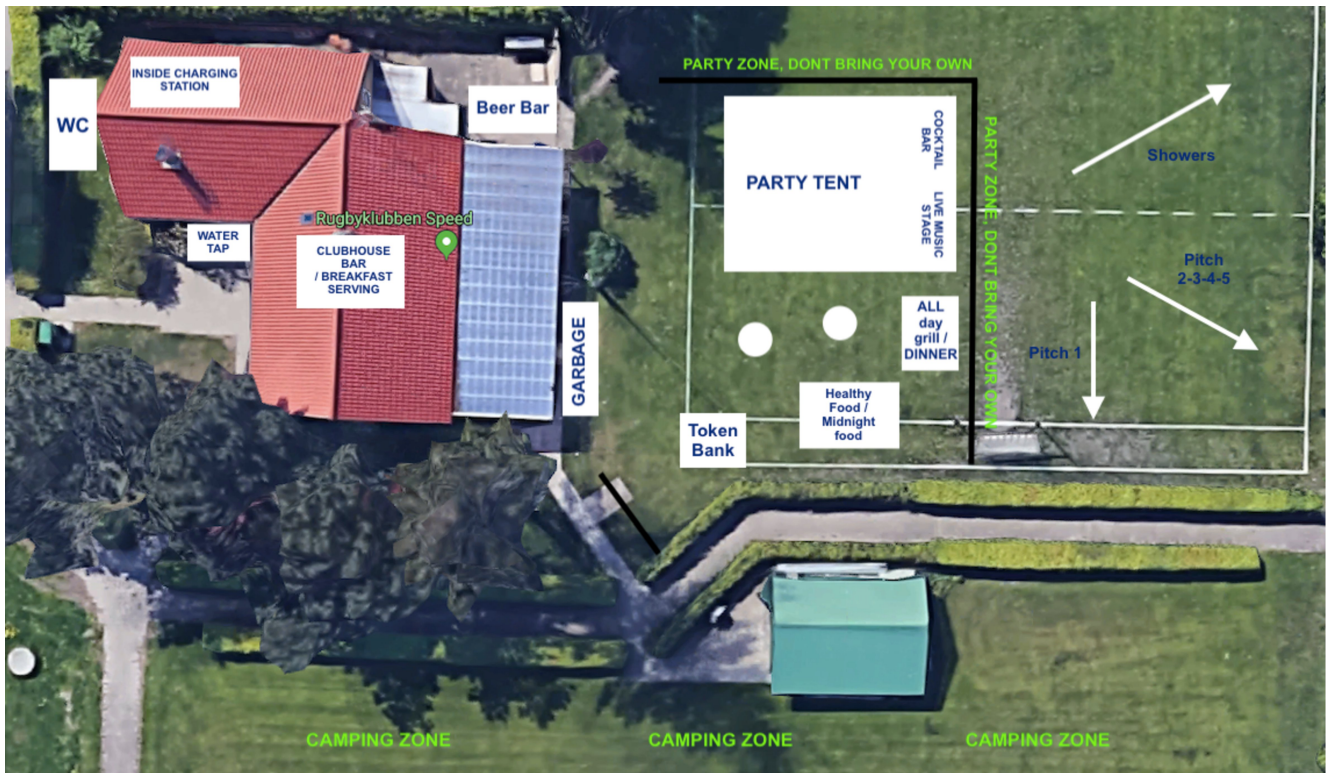
On behalf of the club we are happy to host all players, officials, and spectators for two days good rugby, friendship and entertainment.

The sevens committee



All photos by Daniel Storch (<http://www.danielstorch.eu/>)

Overview of clubhouse area



Precautions due to risk of fire

Open fire is prohibited by the authorities. This leads to different precautions which must be observed by everyone at the sevens.

Open fire is not allowed anywhere. This includes preparation of food and barbecuing.



Tournament Schedule

The tournament is played Saturday for all teams because of relatively low participation. Matches are played on five pitches located near the RK Speed club house. Saturday games are played 12.00 to 19.30.

Men's teams

Saturday the teams will play in groups of four teams for seeding for the finals.

This includes cup, plate, bowl and shield tournaments that will be played according to saturday results. All four tournaments will be played in cup format.

The cup winners of 2019 Ramblin Jesters are not present, but RK Speed who were runner up, will be ready to aim for the title. Likewise will some of the other cup teams from 2019 Wolfpack, CSR, Löwenzahn and Latino Vikings which all played the Cup tournament.

CSR-Nanok	DEN
Team One Tonne	ENG
Borås Rugby FC	SWE
RC Odense	DEN
Latino Vikings	DEN
Malmö RC	SWE
Göteborg RF	SWE
NTNUI	NOR
RK Speed	DEN
HRC Löwenzahn	GER
Lund Academic RC	SWE
Live Nation RC	DEN
Wolfpack Men	SWE
FRK Falcons	DEN
Simbas Göteborg	SWE
Blindern RK	NOR

KASTRUP
BYGNINGS
SNEDKERI ApS

HORNEVEJ 13
2770 KASTRUP
CLAUS JØRGENSEN
E-MAIL: chj@kastрупbyg.dk

TLF: 32 50 90 22
FAX: 32 50 81 22
BIL: 28 18 34 00

RK Speed's clubhouse is open Friday to Sunday where we will host players and spectators of the Sevens.

Saturday night food will be served from the barbecue and music and festivities will take place in the bar area.

Opening hours
Friday 14-24
Saturday 08-02
Sunday 08-15

Women's teams

Saturday the teams will play in groups of three or four teams for seeding for the finals.

Finals will be cup, plate and bowl tournaments. The three tournaments will be played in pools or in cup format.

2017 and 2019 cup winners Ramblin Jesters will not join, but several strong previous participants are present. This includes Legia Warsaw and Tabusoro Angels.

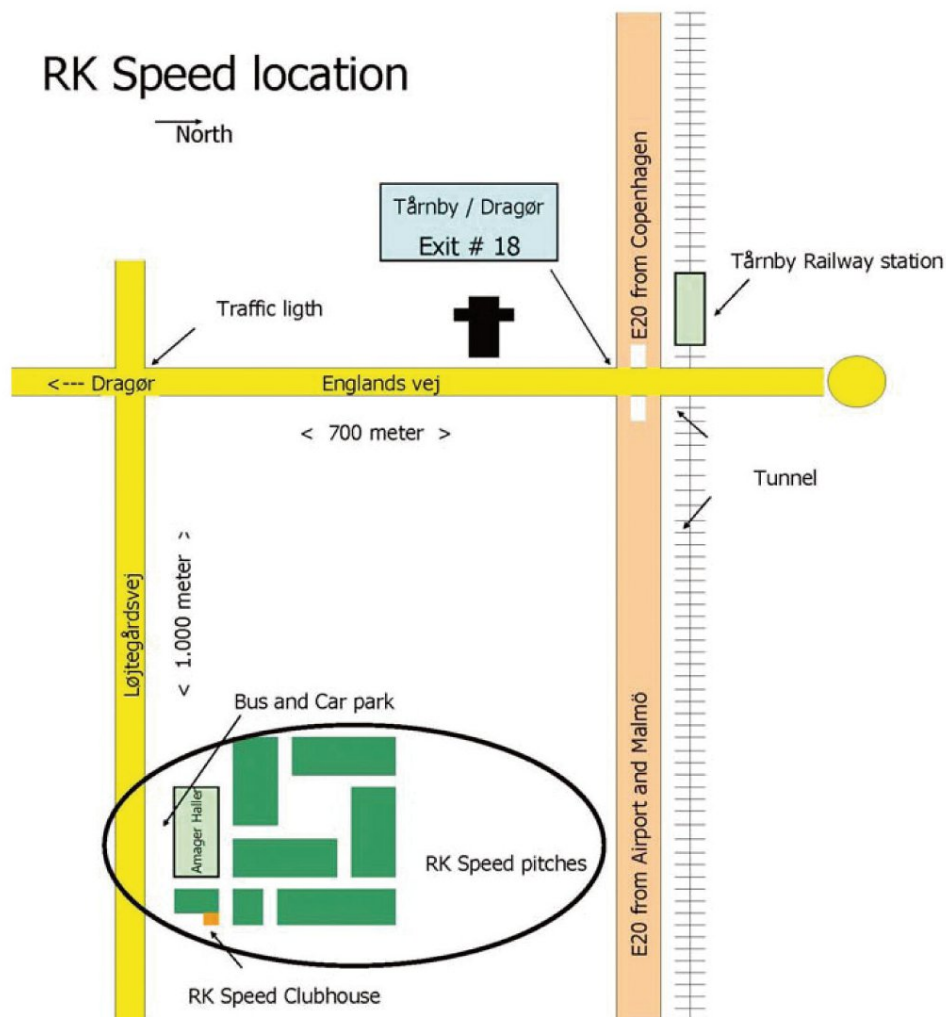
Borås Rugby Ladies	SWE
CSR-Nanok	DEN
Falconettes	DEN
Legia Warsaw	POL
Malmö rugby club	SWE
NTNUI	NOR
RC Odense	DEN
RK 03 Berlin	GER
Speed Ladies	DEN
Tabusoro Angel Int	NOR
Wolfpack Ladies	SWE



Murerfirmaet	ApS	LJ
Lasse Jensen		
Lasse Jensen		
Avnbøl Alle 3 2770 Kastrup murerlasse@mail.dk	Tel.: 32 57 35 09 Fax: 32 57 35 06 Mobil: 20 28 72 14	

How to get to Rugbyklubben Speed

Sådan kommer du til Rugbyklubben Speed



RK Speed - Løjtegårdsvej 58B - 2770 Kastrup - +45 3250 0293

Important times

Saturday

- 10.30 Captains' meeting in party tent
- 12.00 First matches kickoff
- 16.20 Old boys shield final Pitch 2
- 17.20 Old boys cup final Pitch 2
- 17.20 Men's Shield Final Pitch 1
- 17.40 Men's Bowl Final Pitch 1
- 18.00 Women's Plate Final Pitch 1
- 18.20 Men's Plate Final Pitch 1
- 18.40 Women's Cup Final Pitch 1
- 19.00 Men's Cup Final Pitch 1

Old boys' teams

Saturday the teams will play in pools and the best teams will play the finals. The exact tournament form will be announced Saturday morning.

After several years Swedish dominance, it was the Danish Old Gringos who won the last two tournaments. Once more the two strong Swedish sides Malmö RK and West Coast Masters will be present and will likely be strong contenders.

CSR-Nanok OB	DEN
FRK Bald Eagles	DEN
Malmö RC OB	SWE
Odense RC	DEN
Old Gringos	DEN
West Coast Msts	SWE



Payment with tokens

All payment should be done by tokens, which will be the only accepted currency during the period from Saturday morning until Sunday afternoon. Tokens will be sold at dedicated places.

Off-pitch action Saturday

After the final match Saturday evening, which will be the men's cup final, the chef and his team will be ready with dinner from the barbecue at very reasonable prices.

Live band in the tent.

Inside the club house the DJ's will be in charge of events and make sure everyone will enjoy the night.

Hopefully many teams will take on the challenge to dress up for the night's Viking Games where different skills of the teams will be challenged.





Arbejdernes Landsbank



Autoriseret installationsfirma
VVS - EL - VENTILATION



W. VENTILATION ApS

Rentemestervej 35
2400 København NV
Telefon 38 10 79 10
Telefax 38 88 26 66

Prizes for winners

Cup winners Men: 1000€

Cup losing finalist Men: 500€

Cup winners Women: 1000€

Cup losing finalist Women: 500€

Cup Winner Old boys: 200€ for the bar



STILLADSER A/S

TAGE NIELSEN

Direktør

Mobil 40 50 61 87

Tårnvalkevej 20-22 · Postboks 154 · 2650 Hvidovre
Telefon 36 77 11 55 · Telefax 36 77 11 13



Meyland & Baage
Køleteknik

www.meyland-baage.dk · Fuglebækvej 2B · 2770 Kastrup



Johansen

EL - Ventilation

Telefon 38 10 79 10 - w-teknik.dk



Amager VVS Service

v/ Peter Hvass-Larsen

26 16 78 43

amagervvsservice@webspeed.dk



INFORMATION FOR THE PARTICIPATING TEAMS

The tournament runs Saturday and Sunday.

The tent area is open from Friday morning.

The clubhouse is open Friday-Sunday. Saturday night all teams are invited to participate in the festivities where food is available and party may last all night.

1. All teams must have registered their players no later than Friday 12 August. A team may register up to 12 players. 12 players may be used in each game, i.e., 5 substitutions are allowed. For old boys rolling substitutions are allowed.
2. Saturday, all team captains meet in the party tent at 10.30.
3. Ladies' changing room and bath in Travbanehallen, Entrance A.
4. Men's changing room and bath in the sidebuilding Entrance D.
5. There are toilets in Amagerhallen Entrance D, and then into the hall.
6. For all teams staying in tents the tent area is open from Friday. When you arrive, you will be shown a place for your team to camp.

Tournament form

Men's teams will be put into pools decided by a draw before the start of the tournament. The games will on Saturday be played on 5 pitches. The pitches are located close to each other so it will be possible to watch all the games. The best teams will play a tournament for the COPENHAGEN SCANDINAVIAN OPEN CHAMPIONSHIP. The second best teams will play for THE PLATE. Next teams in the BOWL tournament. The last group of teams will play a tournament for THE SHIELD.

The ladies tournament will also be played Saturday. The best teams will play a tournament for the COPENHAGEN SCANDINAVIAN OPEN CHAMPIONSHIP. The second best teams will play for THE PLATE. The last group of teams will play a tournament for THE BOWL.

Old boys play Saturday only.

The complete tournament form will be announced on Friday.

There will be played 3 games per hour on each pitch, i.e., the tournament lasts from 12.00 to 20.00 on Saturday. We expect to play the 6 finals between 17.00 and 20.00.

Match rules

The SO7 a-side match committee is the highest authority during the tournament. Matches are played after the international 7-a-side rules. Players can only play for one team. If a team, due to injuries, is in lack of players, the team will be allowed to use players from other teams, but only from teams who have left the tournament and from the same ranking or lower ranking tournament (CUP – PLATE – BOWL – SHIELD). Any changes of the team should be accepted by the tournament committee.

Injuries

There will be trained first aid personel available for smaller injuries during the whole tournament.

Anti-doping

The tournament is organized under the Danish Rugby Union and all players may be tested by Anti Doping Danmark at any time.

Food drinks etc.

It will be possible to buy food, beer and soft drinks during the whole tournament it is also possible to order, before arrival, breakfast for Saturday and Sunday mornings. The bar in the clubhouse is open Friday evening and from 8 AM on Saturday and Sunday. Souvenirs will be sold in the club house.

Sale of drinks and rugby items is forbidden, and will result in exclusion from the tournament. It is not allowed to bring food and drinks into the club house.

Due to risk of fire hazards, preparation of your own hot food, is not allowed.

Before leaving the tent area, the team should make sure to remove garbage to the designated area and tidy the used space. Failing to do so may result in exclusion from future tournaments.

Transport

Public buses from the main railway station (centre of Copenhagen city) to Amager Hallen, (close to the club house). Transport time is about 30 min.

Train from the main railway station (centre of Copenhagen city) or from the airport to Tårnby station (10 minute's walk from the club house). Transport time is 10 min.

Taxi from the airport is 5 min. Taxi from centre of Copenhagen city is 15 min.

Motor highway to Copenhagen airport is passing close to the club, 1½ km.

Accommodation

We have space for tents nearby the clubhouse. For those who will stay in tents we can arrange breakfast Saturday and Sunday morning. Car parking, use of electrical equipments and use of open fire is forbidden in the camping area, due to the risk of fire.

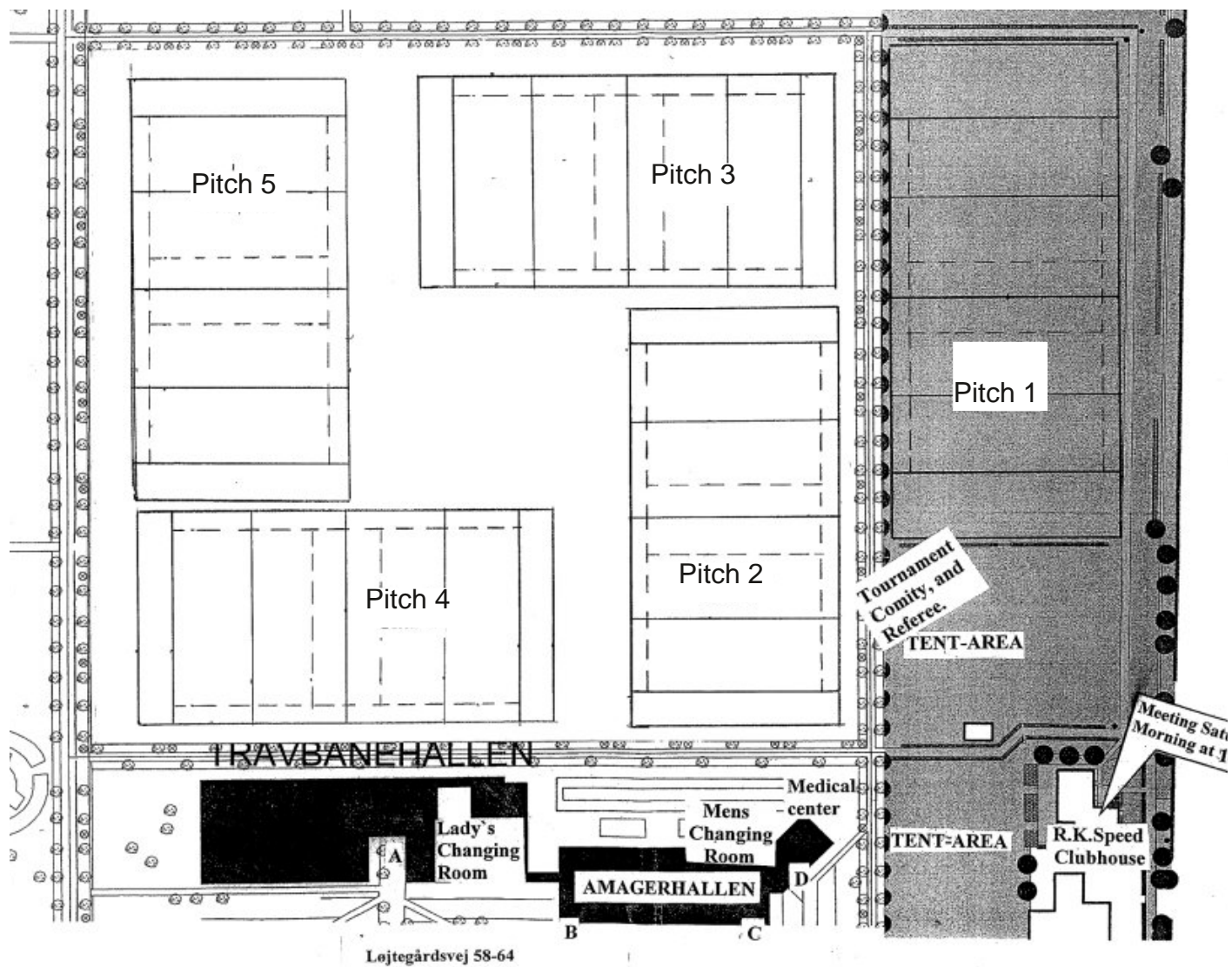
The team is responsible of removing garbage and tidying the area when leaving.

Failing to do so may result in exclusion from future tournaments.

On the web address www.visitcopenhagen.dk it is possible to get all kind of information regarding Copenhagen.



DANIEL STORCH



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